

# Red Fish Healing Center for Mental Health & Addiction

COQUITLAM, BRITISH COLUMBIA, CANADA



## About Red Fish Healing Center

The 105–bedroom facility is a leading–edge center for mental health treatment and addiction, marking the first such facility in North America to provide these services under one roof.

With dignity of the patient front and center in the design, the \$130 million rehabilitation hub is nestled on indigenous land among beautiful natural surroundings that conjure relaxation and healing for all who enter. The center is designed to treat those who are simultaneously experiencing the most severe and complex mental health crises and substance addictions. By treating both issues at once, patients are empowered to heal holistically, with the support of one team and one facility's expansive resources, rather than attempting to battle issues independently. This approach is believed to encourage more

sustainable recovery outcomes, as addiction on its own can often feed mental health issue.

## Project Description

Red Fish believes that the client's physical environment is an essential part of their healing journey – mainly when they have experienced trauma. Their goal was to build a research–driven physical environment that plays a significant role in dignity, wellness, and recovery.

## Project Highlights

Red Fish prioritizes trauma–informed practice, dignity, therapeutic spaces and programs, and virtual health care in their care delivery. Part of this experience involved selecting



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the Behavioral Health-grade furniture that would strike the perfect balance of functional, durable, and comfortable. To support this goal, the Red Fish design team selected:

- Our award-winning, Behavioral Health-grade [Resilia Drum Table](#), which offers supreme durability and soft curves for maximum safety and longevity in high-use settings;
- Our adaptable and comfortable [Onward Bench](#), which offers a sturdy and clean design with its fully welded metal structural framework;
- Our multi-purpose [Accent Stacking Chairs](#), utilized in their dining spaces, which feature non-marring clear glides to protect floors and double-stitched seams for enhanced durability;
- Our [Gibraltar casegoods and bed collection](#), which features anodized aluminum legs to protect against damage, steel, highly durable drawers, and rounded corners on the cabinet edges for added safety;
- Our [Legend Metal Seating collection](#), which offers extreme durability with a wall-saver frame design that protects walls from damage; and
- Our [Behavioral Health-grade Fortress beds, desks, bedside tables, wardrobes, and dressers](#), all of which are designed to bring a residential-style warmth to Behavioral Health facilities, while ensuring a high level of durability and considering for the safety and well-being of patients and staff.

The facility, which draws inspiration from its natural surroundings with indigenous artwork displays throughout, conveys a sense of calm for patients, who enjoy privacy from the comfort of their individual rooms. Elsewhere throughout



the unique new facility, patients enjoy calming and inviting interior design elements, including soothing tones and textures; natural and therapeutic lighting; green spaces and gardens; learning and visiting areas, including spaces to gather with families and friends; and communal kitchen spaces.

Red Fish offers patients access to several types of environments not typically offered in a traditional treatment setting. Special areas unique to the facility include an art room and kitchen, which were added into the facility to allow patients to have spaces that allow them to learn new skills and help them transition back into society, and smudging rooms, which are indigenous prayer rooms integrated into the facility.

**Project Lead - [Parkin Architects](#)**

